

SIGNATURE BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Ribeye Steaks (3 x 8 oz.)*
- 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
- 2 lb. Chicken Fried Rice Skillet Meal (All White Chicken Meat, Rice, Vegetables with Egg and Gourmet Teriyaki Sauce)
- 22 oz. Lasagna with Meat Sauce
- 22 oz. Breaded Fish Patties (5 ct.)
- 1 lb. Lean Ground Beef
- 1.5 lb. Breaded Chicken Breast Fillet
- 1 lb. Frozen Zucchini
- 1 lb. Frozen Cauliflower Florets
- 1 lb. Frozen Broccoli Florets
- 1 lb. (approx.) Hash Brown Patties (7 ct.)
- 8 oz. Breakfast Cereal
- 2 lb. bag Fresh Onions
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

*Steaks in a box of Angel Food are now thicker than ever before. Though there may be fewer steaks in a box, it's the same amount of meat but the quality is higher and the steaks are tenderer.

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Sliced Turkey & Dressing with Gravy**, corn and green bean/cranberry blend
- Macaroni & Beef** with noodles, carrots zucchini/red pepper
- Country Herb Chicken** with mashed potatoes, broccoli and green bean blend
- Macaroni & Cheese** with broccoli and lima beans
- Beef Stew with Carrots & Potatoes**, Brussels sprouts and corn/red pepper blend
- Sweet & Sour Chicken** with rice, sugar snap peas and carrots
- Mesquite Chicken** with rice/black bean blend, carrots and green beans
- Chicken & Rice with Mushroom Sauce**, green beans and black bean/corn blend
- Charbroiled Beef Patty** with mashed potatoes, gravy, carrots and corn blend
- Lemon Pepper Baked Fish** with rice, peas and zucchini/red pepper blend
- Desserts:** Assorted Cookies, Mixed Fruit Cup, Applesauce, Nature Valley Bar, Cranberry Juice Cocktail, Pineapple Juice

\$28.00

5 LB. ALLERGEN-FREE FOOD BOX

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Fillet Patties
- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Chicken Nuggets
- 1 lb. Breaded Steak Fingers
- 1 lb. Breaded Chicken Wings

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives/Breaded and oleoresin paprika. Breading is pre-browned in Canola oil.



\$23.00

Specials may now be purchased with or without the purchase of any of the Standard Boxes listed above*

NOVEMBER SPECIAL #1

\$23.00

7 lb. Assorted Meat Grill Box

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 2 lb. Boston Butt Chops (4 x 8 oz.)
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese

NOVEMBER SPECIAL #2

\$22.00

5 lb. Assorted Meat and Chicken Combo

- 2 lb. Sirloin Steak Strips (4 x 8 oz.)
- 1.5 lb. Bacon Wrapped Beef Fillet (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Fillet (4 x 6 oz.)

NOVEMBER SPECIAL #3

\$21.00

10 lb. Boneless/Skinless Chicken Breast Box

- 10 lbs. IQF Boneless/Skinless Chicken Breasts

NOVEMBER SPECIAL #4

\$22.00

Premium Fresh Fruit and Veggie Box

- 1 Stalk California Celery
- 3 lb. New Crop North Carolina Sweet Potatoes
- 3 lb. New Crop Idaho Potatoes
- 1 head Fresh Leafy Green Cabbage
- 1 lb. California Carrots
- 3 lb. Tree Ripened Juice Oranges
- 3 lb. New Crop Red Delicious Apples
- 1 (8 oz.) bag New Crop Georgia Grown Shelled Pecan Halves
- 4 Washington State Bosc Pears
- 1 (12 oz.) 100% Pure Sweet Honey Bear
- 2 New Crop Ruby Red Grapefruit

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT).

Orders and Pickup: Cicero Christian Church
1715 Stringtown Pike, Cicero, IN
317-984-4653
www.CiceroChristianChurch.org

Orders Due: November 12, 2009
Distribution Day: November 21, 2009 9-11 am

Accepted Forms of Payment: Cash, Money Order and Food Stamps
We DO NOT accept PERSONAL CHECKS

Name _____
Phone _____

Order Summary:

___ # of Signature Units Ordered @ \$30 each = \$ _____
 ___ # of Senior Boxes Ordered @ \$28 each = \$ _____
 ___ # of Allergen Free Boxes Ordered @ \$23 each = \$ _____
 ___ # of Special #1 Ordered @ \$23 each = \$ _____
 ___ # of Special #2 Ordered @ \$22 each = \$ _____
 ___ # of Special #3 Ordered @ \$21 each = \$ _____
 ___ # of Special #4 Ordered @ \$22 each = \$ _____

Total Amount Due = \$ _____

Paid by: ___ Cash ___ Money Order ___ Food Stamps